



*Helen Cox High School*

# CHEERLEADING CAMP

& Performance for Pre- K through 5<sup>th</sup> Grade Students

It will be lots of fun with the Helen Cox Cheerleaders as your child learns routines to perform at one of our football games!

5-8 PM ~ Friday, September 14<sup>th</sup> ~ Helen Cox HS Gym  
Performance at our Home Opener Football game vs. Sophie B. Wright HS  
on Saturday, September 15<sup>th</sup> @ 2 PM (West Jefferson Stadium)  
(Parent Tickets to Game are \$10)

Wear any color t-shirts, shorts & tennis shoes to the Camp

Your child will receive a t-shirt to wear to the game (red shorts & bows)

**\$25 PER CHILD (INCLUDES INSTRUCTION, T-SHIRT & ENTRY INTO THE FOOTBALL GAME)**

{CASH OR MONEY ORDER}

~~~Please email or go to our website to RSVP by Wednesday, September 12<sup>th</sup>  
so that we will have your child's shirt size~~~

**\*\*Each person must have a liability waiver completed & turned in at the start of the camp\*\***

## Direct Questions To:

LaToya M. Bailey ~ Helen Cox Cheer Coach

Helen Cox High — Room A110

Phone— (504) 367-6388 ~ Fax— (504) 367-3176

Email— [mstoya2@gmail.com](mailto:mstoya2@gmail.com) or [latoyabailey@jppss.k12.la.us](mailto:latoyabailey@jppss.k12.la.us)

Check us out on our website or on social media!!

HC Cheer Website: [helencoxcheer.weebly.com](http://helencoxcheer.weebly.com)

Twitter & Instagram: @helencoxcheer

Facebook: Helen Cox Cheer

*Helen Cox High School*

**CHEERLEADING CAMP/WORKSHOP/PERFORMANCE  
RELEASE AND LIABILITY WAIVER FORM**

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I, \_\_\_\_\_, understand that cheerleading has an inherent danger in participation, and that in spite of all precautions and accident preventatives, injuries do occur. I understand by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. I intend to be legally bound and do, hereby, for myself, my heirs, executors, and administrators, waive, release and forever discharge all claims which may arise now or in the future which I may accrue against Jefferson Parish Public School System, Helen Cox High School and any of its employees for any and all injuries suffered by my child while attending and participating in cheerleading camp/workshop/performance activities.

In order that my child receive the necessary medical treatment in the event of an injury or illness, I hereby authorize the Coach of the Helen Cox High School Cheerleaders to obtain medical treatment for my child for such injury or illness during any event, and I hold Helen Cox High School harmless in their exercise of the authority.

To the best of my knowledge, my child does not have any diseases or injuries that would medically prohibit her/his participation in Cheerleading Camp/Workshop/Performances at Helen Cox High School.

I further certify that I have read and understood the above statements and that the information provided is truthful to the best of my knowledge.

I hereby give my consent for my child to participate in Helen Cox High School Cheerleading Camp/Workshop/Performances.

I also give permission for my child's picture to be used on social media for this event.

Child's Name: \_\_\_\_\_ Child's Birthdate: \_\_\_\_\_ Child's School: \_\_\_\_\_

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My child suffers from the following conditions:

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My child takes the following medications:

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Insurance Info (Name of Insured/Number/Company)

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Parent's Name: \_\_\_\_\_ Parent's Cell Number: \_\_\_\_\_

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Emergency Contact Name: \_\_\_\_\_ Relation to Child: \_\_\_\_\_ Emergency Contact Cell Number: \_\_\_\_\_

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Print Parent's or Guardian's Name

Signature

Date

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Print Child's Name

Signature

Date